



As COVID-19 begins to have an increased impact in our community, we want to share the steps we are taking in our office to help our patients, employees, and community stay safe and healthy.

- We have increased the frequency and extent of cleaning and disinfecting our facility.
- We are now spacing appointments to reduce the number of people in our facility (social distancing)
- Employees are using frequent, proper hand washing techniques.

If you are experiencing the symptoms of a cold or the flu, if you think you have been exposed to someone with COVID-19, or if you have traveled to a high risk area in the last two weeks, we ask that you please reschedule your appointment.

These practices are based on guidance provided by the CDC and local public health agencies. We will continue to monitor this rapidly evolving situation.

If you don't feel safe or have any worries coming to your appointment, please call our office or email your therapist with questions on what you can do at home.

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